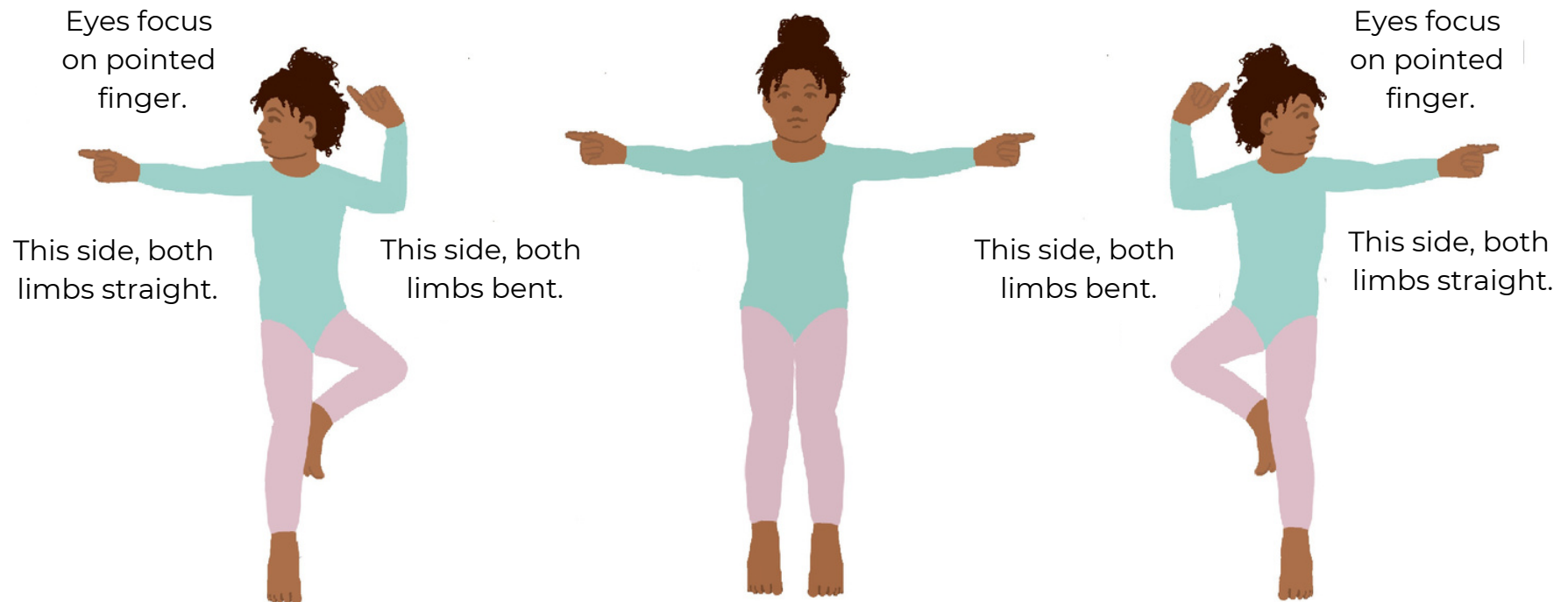


Tonic Neck Reflex



To switch sides:

Head always **starts** turning to the other side, immediately followed by the arms/legs switching.

eyes stay open and track across field of vision as head moves

Remember:

- **Head ALWAYS moves first**
- **Straight leg should always be directly down from the body (never out at an angle)**
- **Legs meet in the middle at the bottom**
- **Smooth, steady rhythm**

Your assignment: