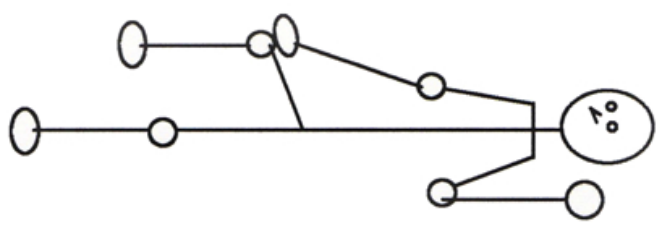
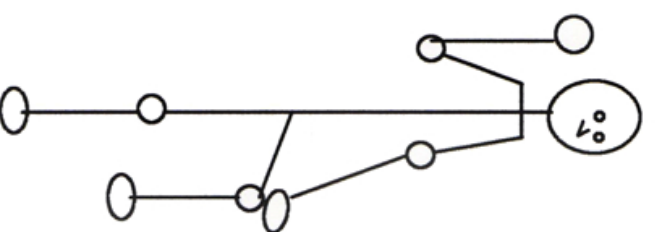
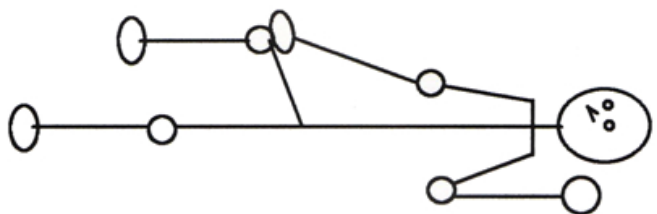
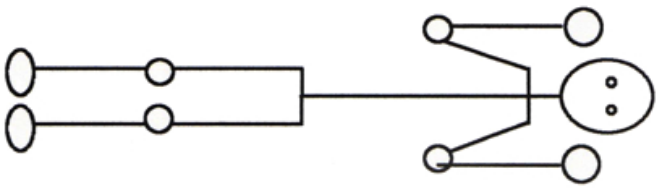


# HOMOLATERAL WALKING (Slapping Knees)



Stand tall.

Shoulders back.

Arms bent at elbows,  
elbows close to sides.

Hands near shoulders,  
palms facing forward.

Feet point forward.

Right knee up. Slap

right knee with right  
hand. Turn head

slightly to right. Look at  
knee and hand as

you slap. Left hand  
stays put.

Left knee up. Slap left

knee with left hand.  
Turn head slightly to left.

Look at knee and hand  
as you slap. Right hand

stays put.

Right knee again.

This . . . not this.

